Origami Hearts with Hannah Shaw

Take a creative half an hour and have a go at folding origami hearts to pop in the post or decorate your home.

You will need:

- Scissors
- A pencil

- Square sheets of paper
- Knitting needle/chopstick/pencil



1. Begin by folding the top edge of your square down by 1cm.



2. Fold the square in half, right side across to left hand side and unfold.

3. With your 1cm fold still at the top

your square bring the bottom edge up to the top edge and fold in half, ensuring the edges match up.



4. With your opening at the top, fold down both corners towards the bottom. There will be a narrow space through the centre which is correct.



5. Next fold the bottom corners up towards the outside edge. Unfold.



6. Now fold in towards the centre both outer corners until the points meet the edge of the inner fold.



7. You now need to tuck the bottom corners into the space of the fold above. It almost acts like a pocket. See the image below.



8. Turn your heart around and you'll see a space at the top. You can use this to gently puff up your heart slightly using a pencil, knitting needle or chopstick.

9. To create the dent in the top use your finger or knitting needle to gently push down between the centre crease.