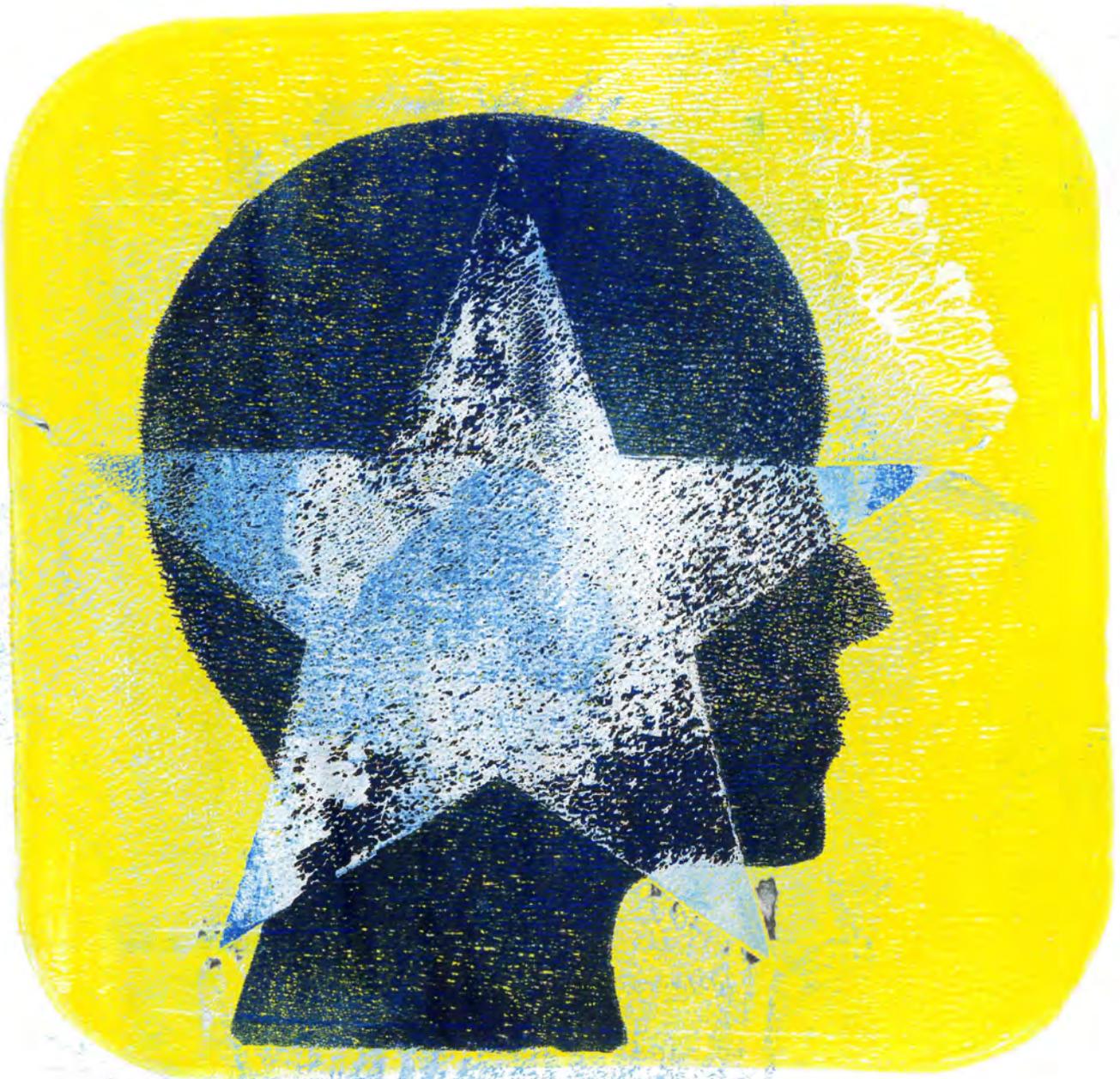
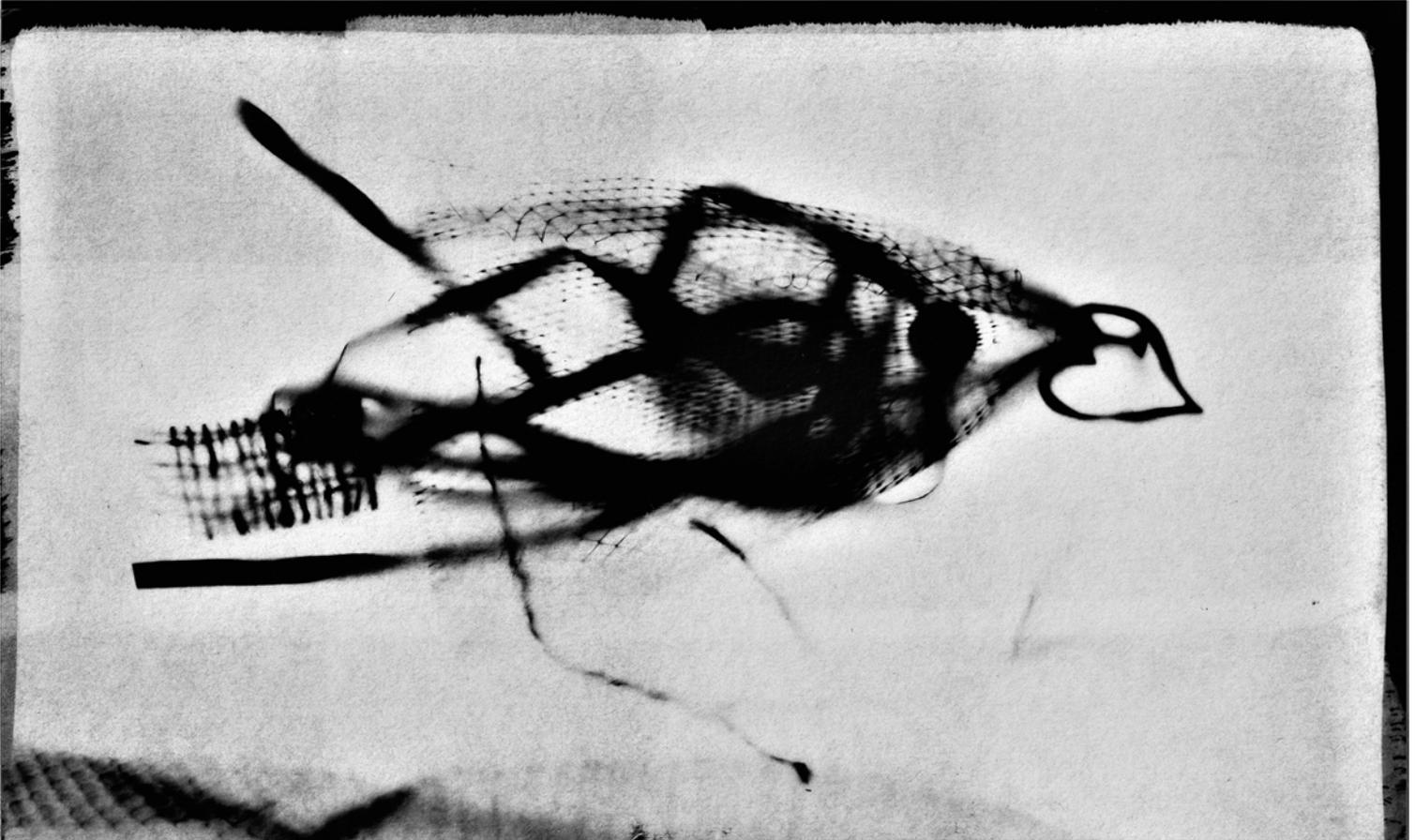


## Trustees' Report and financial statements for the year ended March 31, 2023 for Northern Shape (trading as Equal Arts).



**Vision:** A healthy and creative society which values older people.

**Mission:** To build healthier communities by improving the lives of older people through creativity.



## **Contents**

<b>Trustees' Report</b>	<b>1 - 18</b>
<b>Independent Examiner's Review</b>	<b>19</b>
<b>Statement of financial activities</b>	<b>20</b>
<b>Balance Sheet</b>	<b>21</b>
<b>Cash Flow Statement</b>	<b>22</b>
<b>Notes to the financial statements</b>	<b>23 - 32</b>



# Enlarge our horizons

Exhibitions and colour  
Workshops and chat.

## Report of the trustees

The trustees, who are also directors for the purpose of company law, have pleasure in presenting their report and the financial statements of the charitable company for the year ended March 31, 2023.

The financial statements comply with the Charities Act 2011, the Companies Act 2006,

the Memorandum and Articles of Association and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable to the UK and Republic of Ireland (FRS 102).

## At Equal Arts we work to:



- Provide older people with creative opportunities to improve wellbeing and help reduce loneliness
- Champion creative ageing and its benefits to improve the quality of care provided to older people
- Create lasting change, developing community, age-friendly relationships and encouraging social inclusion
- Challenge negative attitudes towards ageing and dementia.

Report of trustees' (continued)

**Hello from  
our chair,  
Anne Walton**

**'Your purpose is what's right in front of you and not this big thing' is a quote from an artwork in the 'Extraordinary in the Everyday' exhibition at The Word in South Shields over the summer, and what a quote it is!**

But this is just one of dozens of amazing insights participating older people have created this year. From online poetry group Writers at Play to interpreting the To the Lakes

exhibition watercolours from the Wordsworth Trust collection. And it's not just the written word, some of the visual artwork produced has been outstanding and the Care Home Choir performances of newly written songs continues to inspire and delight!

Every participating older person should be proud of what they've achieved and so should everyone else from the artists who are so important to care staff, family members and the school groups too. I am so impressed with the quality and ingenuity of the art that's been produced in the last year, its been an outpouring of creative joy and I love it all!

And what I find so exciting is the creative ideas and grand plans that are already underway for next year. This has been a great year for Equal Arts and I cant wait for next year either!



Report of trustees' (continued)

## Building confidence and connections with creativity

This year funding from Gateshead Local Authority's grant scheme allowed us to grow our support for people living in the borough's sheltered housing schemes.

Our creative team reached out to tenants with the Learning in the Lounge programme. Among those taking part were McErlane Square, Mulgrave Villas, Milvain Close, Blenheim Court and Pleasant Place. The programme provided a series of creative and practical workshops designed to help grow

people's confidence, skills and knowledge with a view to returning to work or volunteering.

The aptly named Beaky Blinders at Pleasant Place worked with carpenter Neil Canavan to plan, design and build their own driftwood hen enclosure ready to take delivery of their new hens. New skills included woodwork , photography and printing with our team of artists.

***"I've found the last few years quite challenging what with Covid and I lost me son. I have a degree in fine art but I'd got out of the habit of being creative. Working with the artist has given me a new lease of life and has taught me new skills like cyanotype printing. I've enjoyed being inspired by other people, it's given me that extra shove I needed to get creative again."*** *Beaky Blinders' participant*



Report of trustees' (continued)

At the Shipley Art Gallery, funding from Multiply saw people 65+ gaining renewed confidence and skills with numeracy and overcoming mathematical barriers. Working with a series of glass artists they designed, developed, costed and sold their own glasswork pieces at craft events open to the public. As active volunteers the group took on roles such as treasurer and chair to plan and budget the project effectively.



## In full voice for the **Care Home Choir Voices** project finale!

It was a fantastic turnout in the summer for the final performance of the 50-strong Care Home Choir of residents and care staff alongside the Chorus of the Royal Northern Sinfonia.

By the bandstand at Gateshead's Saltwell Park the choir performed their own pieces, composed during weekly creative music workshops and rehearsals with musicians Liz Corney and Nicky Rushton. Wanting to build on the success of the project we hope to grow the choir, reaching more care settings and schools.

This year we've been supporting care staff in Ryton Towers, Primrose House Springvale and Lindisfarne Birtley with peer support, introductions to Creative Ageing training and mentoring alongside artists to grow confidence and skills in the benefits of providing creative activities for those living with dementia.



Building on the success of the project we've applied to be among the The People's Projects North East candidates for funding. A public voting is planned for later in 2023.

*"Mum has little memory but when there's singing she knows the words to the songs, new and old, it has such a positive impact.*

*That uplifting feeling of connection lasts long after the sessions end. Singing and music, they're such simple things yet make all the difference to those taking part in the choir." Family member of a Care Home Choir participant.*

## Extraordinary in the Everyday

For the first time we've delivered an ambitious three-month public exhibition at The Word, the National Centre for the Written Word in South Shields. Contracted by South Tyneside Council, we aimed to explore a new way to use the space to increase public engagement in creativity and bring in activities themed around seeing the extraordinary in the everyday.

This largescale event saw us contract artists to work with user-led groups with their artworks being transformed into 3 metre tall vinyl artworks. Working with people living in care in the run-up to the summer opening, artists developed soundscapes, participatory exhibits and collaborative origami pieces all to be exhibited.

Over the three-month period more than 6,000 people visited the exhibition, which also provided a space in the community for people living in care to visit each week for visual arts sessions with Rosi Thornton. This new relationship with South Tyneside Council led to us staging a half-day event for the borough's culture, health and care leads to explore creative ageing and how it could be implemented to benefit those living in the area.



Freedom in  
realising  
your purpose  
is  
what's  
right in front  
of you  
and  
not this  
big thing.

Report of trustees' (continued)

## Building on Bewick

The enthusiasm from those taking part in our Out and About with Bewick project has been a privilege to watch this year. Thanks to the Art Fund, they've been able to work with artists specialising in wood-engraving, lino-cut printing and creative writing. With the Bewick archive as the catalyst, they've been inspired to create their own visual arts pieces focusing on floral and fauna. Building on this engagement in cultural venues and sheltered schemes across Tyneside, we plan to strengthen our partnership with Newcastle City Council's libraries service and The Wordsworth Museum. We'd like to delve further into the Bewick archive, setting up a curators group for people 55+ who'll help bring Bewick to a wider audience with a public, touring exhibition.





**We continue to receive enquires from care settings across the UK wanting to bring the benefits of hen-keeping and creativity to residents as a way to help improve wellbeing and build connections within the community.**

Among the highlights has been working with Gateshead Council at their sheltered scheme Angel Court, and the neighbouring Harlow Green Primary School.

Funding of £10,000 from Awards for All for the Platinum Parterre allowed them the opportunity to work together to develop a Jubilee Garden. The ambitious project saw the group designing a new garden with horticulturist Dom Laydon, equipped with hens, multi-sensory elements and home-grown vegetables for the kitchen.

Residents got hands on with the wood design as they helped build the hen house ready for their new

feathered friends.

There was more going green at Watergate Court in Gateshead with raised beds and vegetable patches while residents at Aspen Gardens in Stockton enjoyed textile workshops over the summer with visual artist Rosi Thornton. Together they created tote bags from recycled fabric scraps and needle books. Further south and Parkfield residents celebrated the culmination of their year-long project A Portrait of Parkfield with a public exhibition of their work with Glebe School. The event was attended by the Mayor of Hillingdon, family and friends.





## Creative Care Homes & Communities

National funding for the Queen's Jubilee and The Mayor's Community Weekend provided the catalyst for cross-generational workshops for the many groups we support within care settings. Residents at Ambleside Care Home in Bexhill-on-Sea were joined by pupils from St Richard's school for their project exploring the book *The Birthday Crown*. The book's illustrator Kate Slater attended the sessions, helping create extravagant crowns and headpieces. Over at The Willows in Romford it was all about being by the seaside for their summer visual arts workshops with artists and children from Crowlands School.

We continue our work supporting people living in care and with dementia to connect through creativity with a real mixed bag of regular, arts activities. Our artist-led workshops bring together residents, care staff and the wider community to improve wellbeing and reduce loneliness. From big painted knickers for a cross-generational performance at The Oaks care home in Blyth to decorative glass art and storytelling at Harton Grange Care Home in South Tyneside, our team of artists have been fantastic this year in bringing new and exciting ways for people to explore their imaginations and creativity together.

**"I'm endlessly proud of, and impressed by, the Year 6 pupils - they cope with anything that's thrown at them and have a wonderful capacity to make friends with the residents. I had a collection of shells, wood, etc that we used for rubbings and the books, particularly for those who needed to use touch more than sight."** *Artist delivering workshops at Harton Grange Care.*

## Building partnerships

Momentum and interest in the Sunderland Social Prescribing Partnership continues with us working closely with health and cultural sectors in the city.

With support from the Sunderland GP Alliance we forged new pathways and relationships in Sunderland delivering weekly movement and visual arts sessions in community and leisure centres.

We've been asked by Gateshead Council to join them as an integral part of their new Promoting Independence Centre, the Sister Winifred Laver Centre when it opens in 2023. It's a pioneering opportunity to embed creativity alongside care services and one we're keen to explore further. In preparation, artists have been working with residents living with dementia in Gateshead housing schemes designing artworks that will adorn the walls and different floors of the new centre.

Our support for user-led groups in cultural venues are sustainable thanks to the active roles of participants. Expressing their interests and preferences, they've enjoyed a plethora of printing, visual arts and music and movement workshops. Our relationship with Newcastle City Library sees us using the café space for free, with long-standing yet varied workshops taking place each week at Hatton Gallery, Crawcrook Library, Washington Leisure Centre and Shipley Art Gallery.



Report of trustees' (continued)

## Training

Across the year we've trained more than 70 people with our blend of online and face-to-face Dementia and Imagination and Creative Ageing training sessions with groups of artists, cultural venue staff and health and social care staff. We also provided 'Train the Trainer' training for practitioners to increase their knowledge, improve their confidence and support future delivery and growth of our training programmes.

This April team members Kate Parkin and Susan Ratliff delivered training to creative and health

professionals at National Glass Centre as part of the Sunderland Social Prescribing Partnership. This was followed by a second instalment of training with Gateshead Council, their artists, library and arts development team staff.

Our Creative Ageing Gateshead programme (for Gateshead artists interested in working with older people in both cultural and care settings) saw us providing three consecutive days of sector led training for 10 artists, with many of these artists going onto further training or volunteering with us.

**"I have thoroughly enjoyed this training; getting to meet new artists and harnessing new skills together."** *Training attendee from Gateshead*



# Summary of future plans

## Training & Advocacy

Building on our training and advocacy work and our relationships with cultural venues we're looking forward to coordinating The National Creative Ageing Conference, Newcastle 2023 being held at The Catalyst on October 10. With over 90 presenters delivering over 20 hours of presentational content we're helping the Creative Ageing sector to build momentum and gain a more equitable position amongst participatory arts and cultural practice.

## Place-based partnerships

Replicating our Gateshead-based relationships we're seeking to strengthen our 'place-based' experience and models of delivery with housing providers, cultural venues and older peoples groups in priority areas being South East Northumberland, Newcastle, South Tyneside and County Durham.

## Addressing the Cost-of-Living Crisis

We're keen to support older people living in supported housing schemes through increasing access to activities in communal lounges and maximising the use of kitchen spaces. We're planning to take on a contract at Angel Court supported housing scheme in Gateshead and offer a 5 day a week Pie in the Sky Café providing hot food for residents and visitors. We'll pilot the project over the winter period to ensure residents have access to modestly priced home cooked hot food whilst also seeing if the project can be cost efficient.

## Broadening Cultural Partnerships

We're continuing to build relationships with cultural venues both locally and nationally in tandem with the national creative ageing conference and the locality place-based partnerships. This includes partnerships in County Durham and South Shields as well further afield with venues such as De La Warr Pavilion and Towner Eastbourne in Sussex.

## User Voice and use-led sustainable programming

A key part of our work is engaging under served groups which includes a high proportion of older people living in supported housing schemes. Our locality approach working in partnership with organisations such as South Tyneside Homes is also being built upon with organisations with a wider geographic remit such as Johnny Johnson Housing. The user-led approach increases participant sense of purpose as well as significantly contributes to developing a sustainable programme.

## Dementia-friendly publishing

We're keen to explore area of potential innovation in dementia-friendly publishing whilst ensuring the material is rooted in cultural content which is creative and offers an alternative to nostalgia and stereotype. We'll also scope the commercial viability of any publications testing the market for growth potential as well as hopefully providing a much-needed resource for vulnerable older people, families and professional carers.

Report of trustees' (continued)

**Financial Review**

Financial review Income of £365,433 (21-22 - £373,780) has been generated during the year, £140,860 (21-22 - £84,711) relates to restricted funds.

An operating surplus of £39,610 (21-22 - £60,418) is shown on the Statement of Financial Activities. Within the overall result was an increase in funds to £483,178 (21-22 £443,568).

**Reserves Policy and Risk Management - reserves statement**

The trustees monitor the progress of the organisation when they meet at their Management Committee Meetings five times a year. The Charity's funding schedule is reviewed and forecast funding compared to actual. This allows the trustees to keep track of projected funding each quarter and to foresee any shortfalls. The trustees are aware of the risk that obtaining core funding, although usually successful, may not be achieved at the beginning of each financial year.

To safeguard against this, the trustees aim to have six months' worth of running costs built up in a Redundancy and Wind-Up reserve (within Designated Funds) to sustain stability.

The trustees in 2022 decided to designate part of Unrestricted Reserves to a Development Fund. This Development Fund wasn't utilised in 2022/23 due to priorities and will be allocated in 2023/24 towards creating a new dementia-friendly publishing imprint. Additionally the Creative Age Programme fund was reinitiated responding to high levels of demand and growth with a £60,000 allocation within Designated Funds.

**Risks**

Area	Risk	Potential impact	Mitigating steps	Im- pact	Likelihood	After ac- tion
External Factors: Cost of Living Crisis and economic impact of global and political circumstances	Continued upwards pressure on costs Changing funding priorities	Increased costs amidst reduced available funding poses significant challenge	Deliver creative services which address cost of living crisis  Rationalise expenditure where possible	High	High	Med
Strategic Plan	Implementing 5 Year Plan could restrict response to circumstances and opportunities	Unable to deliver business plan priorities	Business Plan requires review and support to implement timely and robust changes	Low	Low	Low
Policies & Procedures	All policies and procedures updated	Clear Policies and Procedures with staff Handbook and appro-	Annual Reviews	Med	Low	Low
Finance	Grant dependence and reduced earned income	Continued focus on Fundraising alongside diversifying earned	Explore a Charitable Trading Company	High	Med	Med
Low level continuance of Covid 19	Continued disruption to service delivery due to care staff retention issues in care homes	Covid, sick-leave and staff retention amongst care staff resulting in cancellations and irregular	Offer a responsive service when required  Increase services which are less affected	Low	Med	Low

## Reference and Administrative Details

<b>Registered Charity Number</b>	517352
<b>Company Number</b>	01992359 (England and Wales)
<b>Registered Office</b>	Level 3, Newcastle City Library, 33 New Bridge Street West, NE1 8AX

**Our advisors** **Examiners:** Haines Watts, 17 Queens Lane, Newcastle Upon Tyne, NE1 1RN

**Bankers:** Barclay Bank Plc, 215 High Street, Gateshead, Tyne & Wear, NE8 1BX

**Legal advisors:** Patterson Wolf & Co

## Staff members

**Douglas Hunter** Chief Executive

**Kate Parkin** Creative Age Programme Manager

**Kerry Wood** Operations and Communications Manager

**Ronnie Mulhassan** 3-month internship

The trustees who served the charity during the period were as follows;

Anne Walton	(Chair)
Patricia McDermott	(Vice Chair, retired 28 02 23)
Irena Peel	(Treasurer, retired 07 06 2022)
John Beeley	
Harriet Bendelow	
John Connelly	
Karen Franks	



To the freelance team, board and staff members, care staff, volunteers and funders who dedicate their energy, ideas and enthusiasm to the charity and its work, ensuring innovative ways to help people connect through creativity within our communities.

Report of trustees' (continued)

## Best Friend

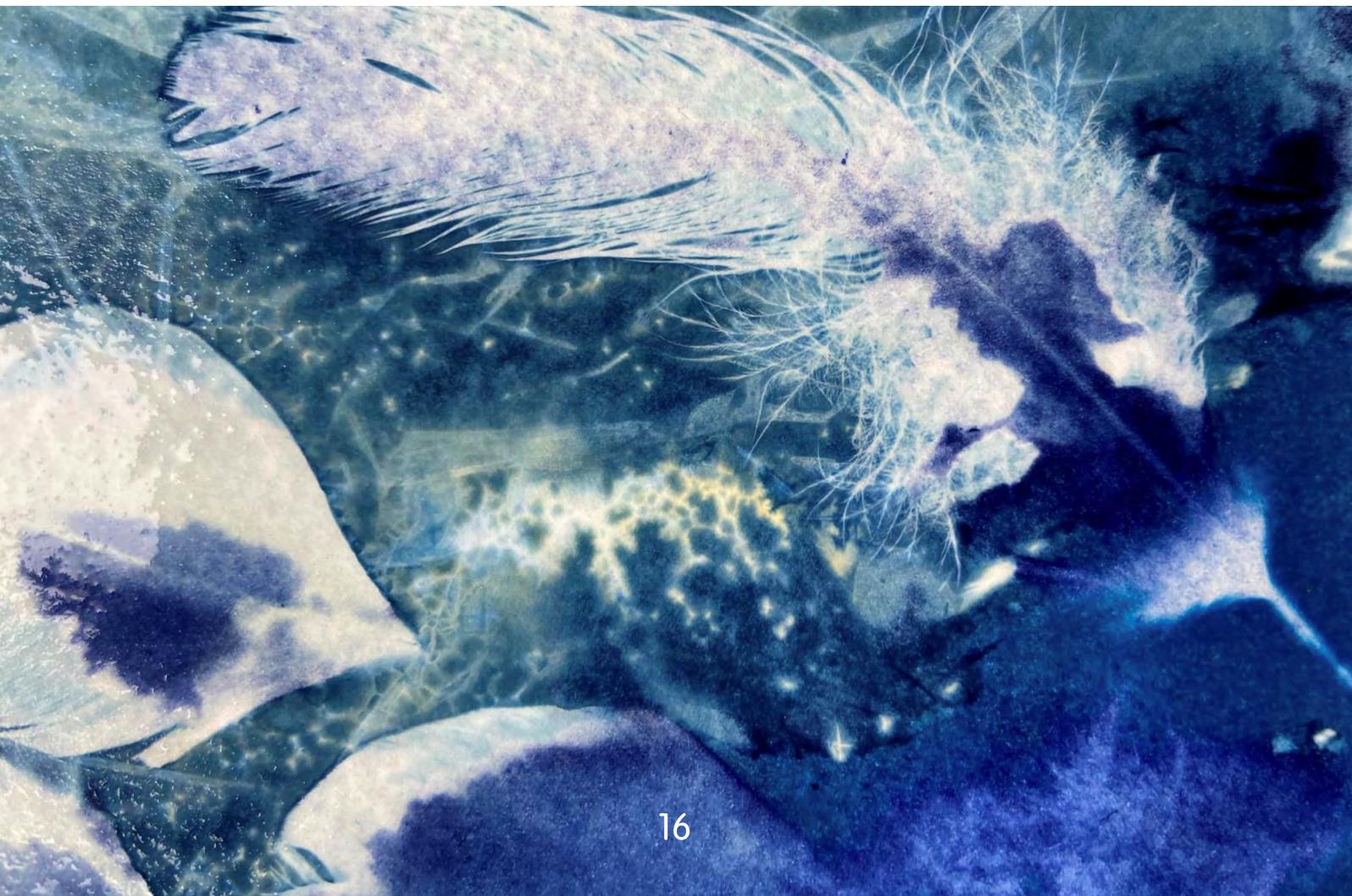
### By Rose at Parkfield House

Irene Butler, a couple of doors down from me  
13 years old, we didn't get out much  
But when I was younger you see  
I played out on the road  
football and marbles with the boys  
I tend to get along better with them  
It was easy to find joys

Anne was my best friend at 15  
we used to have our boyfriends over  
that was our Sunday routine  
they came in the evening  
for tea and a natter  
Or country dancing on Saturdays,  
that was always a cracker

My Cyril was best friends with my twin uncle  
My uncle asked me out for him  
That made me chuckle  
when he turned up i said  
how d'you know i wanna go?  
he said, I just came on the off chance  
I never left him after that, all those years ago

I was never just a wife  
He was my best friend, my team  
the making of my life.





The Baring Foundation

McCARTHY STONE  
*Life, well lived*



THE CLOTHWORKERS' FOUNDATION

South Tyneside Council



Supported using public funding by  
**ARTS COUNCIL ENGLAND**



**Newcastle University**



**NATIONAL LOTTERY FUNDED**

**UF** | THE UTLEY FOUNDATION



THE SHIPLEY ART GALLERY

**NHS**  
Newcastle Gateshead  
Clinical Commissioning Group



Made possible with

**Heritage Fund**



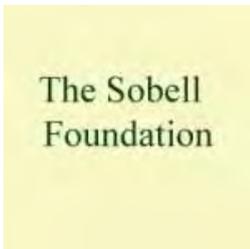
Garfield Weston  
FOUNDATION



**Community Foundation**



THE DULVERTON TRUST



**SPORT ENGLAND**

Report of trustees' (continued)

## Structure, Governance and Management

### Governing document

Northern Shape t/a Equal Arts is a company limited by guarantee and a registered charity currently with a Board of Trustees. Under the memorandum and articles of association with which the organisation is governed, the charity has the power to make any investment that the trustees see fit.

### Appointment of trustees

New trustees are appointed by serving trustees. The trustees meet at least five times each year and the CEO with the Treasurer handle the day-to-day finances of the charity. The trustees who served during the year are set out on page 2. A third of the longest standing committee members need to stand down at the Annual General Meeting but can be re-elected by the existing trustees. All Company Members and Management Committee Members are circulated with papers prior to the AGM advising them of the retiring trustees. Trustees are encouraged to attend appropriate external training courses whenever they are arranged.

### Induction and training of trustees

The trustees are encouraged to attend external training and are notified of relevant training by the charity.

### Organisational structure

The organisation has a board of trustees comprising 7 members. A Chief Executive manages the day-to-day operations of the charity and line manages staff – the Creative Age Programme Manager and Operations and Communications Manager, and freelance staff.

### Pay policy for senior staff

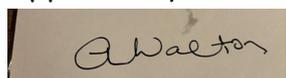
The pay of senior staff is reviewed by the board annually.

### Relationships with related parties

None of the trustees receive remuneration or other benefit from their work with the charity.

This report has been prepared in accordance with the special provisions of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on .....Dec 20.....2023 and signed on its behalf by:

 .....

Mrs Anne Walton (Chair)

**Northern Shape T/A Equal Arts**

**Independent Examiner's Report to the Trustees of Northern Shape  
For the Year Ended 31 March 2023**

---

I report on the accounts of the company for the year ended 31 March 2023 which are set out on pages 20 to 32.

**Responsibilities and basis of report**

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

**Independent examiner's statement**

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....  
**Craig Henderson ACCA**  
**For and on behalf of Haines Watts**



.....  
**Date**

17 Queens Lane  
Newcastle upon Tyne  
NE1 1RN

Northern Shape T/A Equal Arts

**Statement of Financial Activities (Including Income and Expenditure Account)**  
**For the year ended 31 March 2023**

	Notes	Unrestricted funds £	Designated funds £	Restricted funds £	Total 2023 £	Total 2022 £
<b>Income from:</b>						
Donations and legacies	4	53,260	-	140,860	194,120	229,909
Charitable activities	5	171,307	-	-	171,307	143,772
Investment income	6	6	-	-	6	99
		<u>224,573</u>	<u>-</u>	<u>140,860</u>	<u>365,433</u>	<u>373,780</u>
<b>Expenditure on:</b>						
Charitable activities	7	109,260	-	216,563	325,823	313,362
		<u>109,260</u>	<u>-</u>	<u>216,563</u>	<u>325,823</u>	<u>313,362</u>
<b>Net income/(expenditure)</b>		115,313	-	( 75,703 )	39,610	60,418
Transfers between funds	15	( 123,925 )	123,925	-	-	-
<b>Net movement in funds</b>		<u>( 8,612 )</u>	<u>123,925</u>	<u>( 75,703 )</u>	<u>39,610</u>	<u>60,418</u>
<b>Reconciliation of funds</b>						
Total funds brought forward		89,330	227,575	126,663	443,568	383,150
<b>Total funds carried forward</b>		<u>89,330</u>	<u>351,500</u>	<u>50,960</u>	<u>483,178</u>	<u>443,568</u>

All income and expenditure has arisen from continuing activities.

## Northern Shape T/A Equal Arts

### Balance Sheet As at 31 March 2023

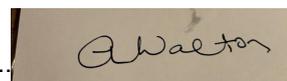
		2023		2022	
	Notes	£	£	£	£
<b>Fixed assets</b>					
Tangible assets	12		509		816
<b>Current assets</b>					
Debtors	13	35,414		56,428	
Cash at bank and in hand		463,348		391,309	
		<u>498,762</u>		<u>447,737</u>	
Creditors: amounts falling due within one year	14	( 16,093 )		( 4,985 )	
<b>Net current assets</b>			<u>482,669</u>		<u>442,752</u>
<b>Total assets less current liabilities</b>			<u>483,178</u>		<u>443,568</u>
<b>Funds</b>					
Unrestricted fund				80,718	89,330
Designated funds				351,500	227,575
Restricted funds				50,960	126,663
	15			<u>483,178</u>	<u>443,568</u>

For the year ending 31 March 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts

The financial statements were approved by the trustees on .....Dec 5..... 2023 and signed on their behalf by:



Mrs A Walton – (Chair) – Trustee

**Company Registration No: 01992359**

*The notes below part of these financial statements*

## Northern Shape T/A Equal Arts

### Cash Flow Statement

For the year ended 31 March 2023

		<b>2023</b>	<b>2022</b>
	<b>Notes</b>	<b>£</b>	<b>£</b>
<b>Cash flows from operating activities</b>			
Cash generated from operations	18	72,033	36,121
<b>Net cash provided by (used in) operating activities</b>		<u>72,033</u>	<u>36,121</u>
<b>Cash flows from investing activities</b>			
Interest received		6	99
Payment to acquire tangible assets		-	-
<b>Net cash provided by (used in) investing activities</b>		<u>6</u>	<u>99</u>
<b>Change in cash and cash equivalents in the reporting period</b>		<u>72,039</u>	<u>36,220</u>
Cash and cash equivalents at the beginning of the reporting period		391,309	355,089
<b>Cash and cash equivalents at the end of the reporting period</b>		<u>463,348</u>	<u>391,309</u>

**Notes to the financial statements  
for the year ended 31 March 2023**

---

**1. Accounting Policies**

**1.1 Basis of preparing the financial statements**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting Practice.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements are prepared under the historical cost convention or transaction value unless otherwise stated in the relevant accounting policy note(s). The financial statements are prepared in sterling which is the functional currency of the charity and rounded to the nearest £.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

**1.2 Going concern**

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the levels of funds held and the level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

**1.3 Fund accounting**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

**1.4 Income**

All income is recognised in the Statement of Financial Activities (SoFA) when the charity has entitlement to the funds, any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

Income from charitable activities includes income received under contract or where entitlement to grant funding is subject to specific performance conditions and is recognised as earned. Grant income included in this category provides funding to support performance activities and is recognised where there is entitlement, certainty of receipt and the amount can be measured with reasonable certainty. Income received to deliver services over a specific period covering more than one financial year is accounted for over the specific period; related expenditure is accounted when incurred.

Investment income relates to interest earned through holding assets on deposit.

**Notes to the financial statements (Continued)**  
**for the year ended 31 March 2023**

---

**1.5 Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is possible that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**1.6 Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	-	Straight line over 6 years
Computer equipment	-	Straight line over 3 years

**1.7 Debtors**

Debtors (including trade debtors and loan receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

**1.8 Cash at bank and in hand**

Cash at bank and cash in hand includes cash and short term highly liquid investments with instant access from the date of opening of the deposit or similar account.

**1.9 Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement after allowing for any trade discounts due.

**1.10 Financial instruments**

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

**1.11 Taxation**

The charity is exempt from corporation tax on its charitable activities.

**2. Legal status**

Northern Shape is a Company Limited by Guarantee in the United Kingdom. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charitable company. The address of the registered office is given in the charity information in the reference and administration pages of these financial statements.

Notes to the financial statements (Continued)  
for the year ended 31 March 2023

## 3. Comparatives for the Statement of Financial Activities as restated

		Unrestricted funds	Designated funds	Restricted funds	Total 2022	As restated Total 2021
	Notes	£	£	£	£	£
<b>Income from:</b>						
Donations and legacies	4	156,482	-	73,427	229,909	324,115
Charitable activities	5	132,488	-	11,284	143,772	51,819
Investment income	6	99	-	-	99	1,111
		289,069	-	84,711	373,780	377,045
<b>Expenditure on:</b>						
Raising funds	7	-	-	-	-	1,811
Charitable activities	8	237,520	-	75,842	313,362	260,651
		237,520	-	75,842	313,362	262,462
<b>Net income/(expenditure)</b>		51,549	-	8,869	60,418	114,583
Transfers between funds	16	( 50,000 )	50,000	-	-	-
<b>Net movement in funds</b>		1,549	50,000	8,869	60,418	114,583
<b>Reconciliation of funds</b>						
Total funds brought forward		87,781	177,575	117,794	383,150	268,567
<b>Total funds carried forward</b>		89,330	227,575	126,663	443,568	383,150

## Northern Shape T/A Equal Arts

### Notes to the financial statements (Continued) for the year ended 31 March 2023

---

#### 4. Donations and legacies

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Grants receivable	192,010	228,992
Donations	2,110	917
	<hr/>	<hr/>
	194,120	229,909
	<hr/>	<hr/>

#### Grants receivable analysis:

	<b>2023</b>
	<b>£</b>
Community Foundation – Tyne and Wear & Northumberland	42,000
National Heritage Lottery Fund	33,360
Newcastle City Council	15,500
The Baring Foundation	40,000
The National Lottery Community Fund	10,000
Garfield Weston	20,000
Sunderland Culture	22,356
Other	8,794
	<hr/>
	192,010
	<hr/>

#### 5. Income from charitable activities

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Earned income	171,307	143,772
	<hr/>	<hr/>

#### 6. Investment income

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Bank interest receivable	6	99
	<hr/>	<hr/>

## Northern Shape T/A Equal Arts

### Notes to the financial statements *(Continued)* for the year ended 31 March 2023

#### 7. Charitable activities costs

	<b>Total 2023</b>	<b>Total 2022</b>
	£	£
Wages and salaries	129,633	96,461
Staff travel and training	7,817	1,612
Direct project costs	99,104	138,308
Office costs	31,943	20,169
Comms	3,051	34,496
Professional fees	5,824	2,052
Other costs	48,144	19,690
Depreciation	307	574
	<u>325,823</u>	<u>313,362</u>

#### 8. Support costs

	<b>2023</b>	<b>2022</b>
	£	£
Wages and salaries	17,911	16,693
Governance costs (note 9)	2,160	2,160
	<u>20,071</u>	<u>18,853</u>

#### 9. Governance costs

	<b>2023</b>	<b>2022</b>
	£	£
Independent examiners' fee	2,160	2,160
	<u>2,160</u>	<u>2,160</u>

#### 10. Net incoming /(expenditure)

Net income/(expenditure) is stated after charging/(crediting)

	<b>2023</b>	<b>2022</b>
	£	£
Independent examiners' fee	2,160	2,160
Depreciation – owned assets	307	574
	<u>2,467</u>	<u>2,734</u>

Notes to the financial statements *(Continued)*  
for the year ended 31 March 2023

---

11. Staff costs

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Wages and salaries	108,461	96,275
Social security costs	11,930	9,819
Pension costs	9,242	8,322
	<u>129,633</u>	<u>114,416</u>

The average monthly number of employees during the year was as follows:

<b>2023</b>	<b>2022</b>
3	2
<u>3</u>	<u>2</u>

No employees received emoluments in excess of £60,000.

The charity trustees were neither paid nor received any other benefits from employment in the year (2022 - £nil) neither were they reimbursed expenses during the year (2022 - nil). No charity trustee received payment for professional services or other services supplied to the charity (2022 - nil).

The key management personnel of the charity comprise the trustees and one Director. The total amount of employee emoluments received by key management personnel of the charity is £58,461 (2022 - £55,239).

Northern Shape T/A Equal Arts

Notes to the financial statements *(Continued)*  
for the year ended 31 March 2023

12. Tangible fixed assets

	Fixtures and fittings £	Computer equipment £	Total £
<b>Cost</b>			
At 1 April 2022	2,935	3,824	6,759
Additions	-	-	-
Disposals	-	-	-
At 31 March 2023	<u>2,935</u>	<u>3,824</u>	<u>6,759</u>
<b>Depreciation</b>			
At 1 April 2022	2,145	3,798	5,943
Charge for year	282	25	307
Disposals	-	-	-
At 31 March 2023	<u>2,427</u>	<u>3,823</u>	<u>6,250</u>
<b>Net book value</b>			
At 31 March 2022	790	26	816
At 31 March 2023	<u>508</u>	<u>1</u>	<u>509</u>

13. Debtors: amounts falling due within one year

	2023 £	2022 £
Trade debtors	22,054	29,946
Other debtors	1,492	982
Accrued Income	11,868	25,500
	<u>35,414</u>	<u>56,428</u>

14. Creditors: amounts falling due within one year

	2023 £	2022 £
Social security and other taxes	2,826	2,639
Accruals	2,160	2,160
Other Creditors	11,107	186
	<u>16,093</u>	<u>4,985</u>

## Northern Shape T/A Equal Arts

### Notes to the financial statements (Continued) for the year ended 31 March 2023

#### 15. Analysis of funds

*For the year ended 31 March 2023*

	At 1 April 2022 £	Income £	Expenditure £	Transfers £	At 31 March 2023 £
<b>Unrestricted funds</b>					
General fund	89,330	224,573	( 109,260 )	( 123,925 )	80,718
<b>Designated funds</b>					
Redundancy & Wind-Up reserve	102,075	-	-	63,925	166,000
Development fund	125,500	-	-	-	125,500
Creative Ageing Programme	-	-	-	60,000	60,000
	<u>227,575</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>351,500</u>
<b>Total unrestricted funds</b>	<u>316,905</u>	<u>224,573</u>	<u>( 109,260 )</u>	<u>-</u>	<u>432,218</u>
<b>Restricted funds</b>					
HenPower	52,936	-	( 52,936 )	-	-
The National Lottery Heritage Fund	7,727	-	( 7,727 )	-	-
UnLtd - SSE	40,500	-	( 40,500 )	-	-
Arts Council England	25,500	-	( 25,500 )	-	-
Newcastle City Council	-	15,500	( 15,500 )	-	-
The Baring Foundation	-	40,000	-	-	40,000
The National Heritage Lottery Fund	-	33,360	( 33,360 )	-	-
T&W Community Foundation	-	25,000	( 14,040 )	-	10,960
T&W Community Foundation - Pergita CT	-	9,000	( 9,000 )	-	-
T&W Community Foundation – Willan CT	-	8,000	( 8,000 )	-	-
The National Lottery Community Fund – A4A	-	10,000	( 10,000 )	-	-
	<u>126,663</u>	<u>140,860</u>	<u>( 216,563 )</u>	<u>-</u>	<u>50,960</u>
<b>Total restricted funds</b>	<u>126,663</u>	<u>140,860</u>	<u>( 216,563 )</u>	<u>-</u>	<u>50,960</u>
<b>Total funds</b>	<u>443,568</u>	<u>365,433</u>	<u>( 325,823 )</u>	<u>-</u>	<u>483,178</u>

#### Designated funds

Redundancy and Wind-Up reserve – the fund has been set up to cover contractual redundancy costs and estimated 6 months operational costs the charity would have to meet should it be required to wind up, this calculation is reviewed annually.

Development reserve – fund relates to project developments in relation to creating a dementia-friendly publishing imprint.

Creative Ageing Programme - to support creative well-being programmes in supported housing schemes, care settings and cultural venues.

#### Restricted funds

The Baring Foundation - This relates to securing a tender to deliver the National Creative Ageing Conference in October 2023.

Tyne & Wear Community Foundation – This relates to the delivery of creative ageing programmes in Newcastle and across Tyne & Wear.

## Northern Shape T/A Equal Arts

### Notes to the financial statements (Continued) for the year ended 31 March 2023

#### 15. Analysis of funds (Continued)

Arts Council England - Contribute to the sustainability and growth of Equal Arts as a leading creative age organisation delivering high quality creative experiences with independent living older people and those living with care.

Baring Foundation – A tender was secured to deliver a national creative ageing conference in October 2023 to be delivered in Newcastle.

HLF – This project focuses on LGBT Activism in the North East to support in capturing oral histories and working with young people to produce a touring exhibition to be displayed across the North East.

UnLtd - Support setting up and sustainability for 10 older people's User-led groups engaged in creative programmes.

Tyne & Wear Community Foundation – including The Willan Charitable Trust to work in care homes, Pergitsa CT to work in South Tyneside

The National Lottery Community Fund – A4A to deliver music and singing activities with older people living with dementia

#### For the year ended 31 March 2022

	<b>At 1 April 2021</b>	<b>Income</b>	<b>Expenditure</b>	<b>Transfers</b>	<b>At 31 March 2022</b>
	£	£	£	£	£
<b>Unrestricted funds</b>					
General fund	87,781	289,069	( 237,520 )	( 50,000 )	89,330
<b>Designated funds</b>					
Redundancy & Wind-Up reserve	75,000	-	-	27,075	102,075
Development fund	-	-	-	125,500	125,500
Creative Ageing Programme	102,575	-	-	( 102,575 )	-
	<u>177,575</u>	<u>-</u>	<u>-</u>	<u>50,000</u>	<u>227,575</u>
<b>Total unrestricted funds</b>	<u>265,356</u>	<u>289,069</u>	<u>( 237,520 )</u>	<u>-</u>	<u>316,905</u>
<b>Restricted funds</b>					
HenPower	57,226	18,711	( 23,001 )	-	52,936
Masonic Charitable Foundation	24,000	-	( 24,000 )	-	-
NLHF	11,625	-	( 3,898 )	-	7,727
IWill – Virgin	24,943	-	( 24,943 )	-	-
UnLtd - SSE	-	40,500	-	-	40,500
Arts Council England	-	25,500	-	-	25,500
	<u>117,794</u>	<u>84,711</u>	<u>( 75,842 )</u>	<u>-</u>	<u>126,663</u>
<b>Total restricted funds</b>	<u>117,794</u>	<u>84,711</u>	<u>( 75,842 )</u>	<u>-</u>	<u>126,663</u>
<b>Total funds</b>	<u>383,150</u>	<u>373,780</u>	<u>( 313,362 )</u>	<u>-</u>	<u>443,568</u>

## Northern Shape T/A Equal Arts

### Notes to the financial statements *(Continued)* for the year ended 31 March 2023

---

#### 16. Pension costs

Pension contributions payable for the year ended 31 March 2023 £9,242 (2022 - £8,322).

#### 17. Related party disclosures

There were no related party transactions for the year ended 31 March 2023 (2022 – None).

#### 18. Reconciliation of net income/(expenditure) to net cash flow from operating activities

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Net income/(expenditure) for the reporting period	39,610	60,418
Adjustments for:		
Depreciation charges	307	574
Interest received	( 6 )	( 99 )
Decrease/(Increase) in debtors	21,014	( 484 )
Increase/(decrease) in creditors	11,108	( 24,288 )
Net cash provided by (used in) operating activities	<u>72,033</u>	<u>36,121</u>